

Challenges Challenges in Caring

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Ltd

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Summary

- Half day course
- Skills should be refreshed at regular intervals to remain current

Course Description

This course provides group discussions and various ways to handle challenging behaviour from people within our care. Looking closely at what triggers our behaviour and what can reduce a situation, participants learn through scenario's and group involvement.

Course Content:

- What is Challenging Behaviour?
- Triggers of Challenging Behaviour
- Assault Cycle
- Emotional v Rational
- Fight or Flight
- Effects of Adrenaline on the Body
- Stimulus and Response
- Duty of Care
- Debriefing
- Documentation
- Risk Assessment
- Participant Exercises

*Call us direct for available dates
and possible discounts for
multiple candidates or if you
have any queries.*

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