

Annual Skill Refresher

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Summary

- Half day course
- HSE Recommends every 12 months
- Can be adapted to include AED use and Emergency Oxygen use *

(*Additional costs may be applicable)

Course Description

Although not a legal requirement, the HSE strongly recommends that First Aiders undertake annual refresher training to keep skills fresh and up to date.

This is an ideal opportunity to review you first aid skills which you may have forgotten over the past 12 months and may need to rely on in a real emergency.

Skills include:

- Scene Safety Assessment
- Barrier use
- Primary Assessment
- Cardio Pulmonary Resuscitation (CPR)
- Serious Bleeding Management
- Shock Management
- Spinal Injury Management
- Conscious Choking Adult
- Bandaging

*Call us direct for available dates
and possible discounts for
multiple candidates or if you
have any queries.*

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